

MEDINA COUNTY

ADAMH

ALCOHOL, DRUG ADDICTION & MENTAL HEALTH BOARD

FY2013 ANNUAL REPORT

OUR MISSION

The mission of the **Medina County Alcohol, Drug Addiction and Mental Health (ADAMH) Board** is to assure the availability of high quality alcohol, drug addiction and mental health services to all Medina County residents through *planning* (assessing needs and resources, and determining priorities); *purchasing* cost effective services to the extent resources are available; *coordinating* services; and *evaluating* these services.

OUR ROLE

The Medina County ADAMH Board is a public body made up of 18 county citizens who are appointed to the Board by the Ohio Department of Mental Health, the Ohio Department of Alcohol and Drug Addiction Services, and the County Commissioners. The ADAMH Board provides oversight and direction to multi-faceted, behavioral healthcare community programs and services. The Board's providers offer treatment, prevention and education. In order to do this, the ADAMH Board identifies needs, funds, monitors, and evaluates mental health and substance abuse services in Medina County. **These services are available to all citizens of the county, regardless of their ability to pay.**

With information provided by the community and agencies, the Board determines the direction of mental health and substance abuse services and **contracts for these services through private, non-profit service providers.** The Board provides full or partial funding to these agencies from federal, state and local funds.

SERVICES PROVIDED BY THE MENTAL HEALTH AND SUBSTANCE ABUSE NETWORK

Our network of providers is a group of community agencies dedicated to providing effective, coordinated and affordable mental health and alcohol and drug addiction treatment to residents of Medina County. Each year, services help literally thousands of people troubled by mental illness, emotional problems and addictions. The agencies provide services for children, teens, adults, older adults and families. **Our three major provider agencies for FY2010 are listed below.**

ALTERNATIVE PATHS, INC., located at 246 Northland Drive, Medina, Ohio, 44256, (330) 725-9195, www.alternativepaths.org - Alternative Paths, Inc. is a not-for profit provider of behavioral health services specializing in treatment primarily for adults experiencing severe and persistent mental illnesses such as schizophrenia, bipolar disorder, major depression, and other psychotic and personality disorders. The agency is committed to assisting these individuals in meeting their daily living needs, promoting autonomy, and preventing isolation in the community. Alternative Paths is comprised of a multi-disciplinary team consisting of psychologists, psychiatrists, nurses, counselors, social workers, and community supportive psychiatric treatment professionals who work collaboratively to develop a plan of care appropriate to the needs of each client they serve. Fees for services are based on an individual's financial resources. A sliding fee scale

incorporating family size and income is applied for residents of Medina County. Services provided include:

- ❖ ***Emergency Services/Crisis Services*** - Crisis intervention services are available county-wide, 24 hours, 365 days a year. Hotline services, phone consultation and in-person emergency psychiatric assessments may be accessed by calling (330) 725-9195. Face-to-face emergency assessments for adults, adolescents, and children are conducted when there is a risk of suicide, decompensation of mental status or psychiatric symptoms which may indicate a need for psychiatric hospitalization. Assessment may be conducted at Alternative Paths or any of the emergency rooms at area hospitals and medical facilities within Medina County. This service is available to any person experiencing psychiatric crisis in Medina County.
- ❖ ***Psychiatric Services*** – The agency has a team of psychiatrists and psychiatric nurses dedicated to the diagnosis and treatment of individuals who may benefit from the use of psychiatric medication in their treatment. The agency focuses on clients' current physical, mental and emotional health needs as well as targeting goals for prevention and wellness.
- ❖ ***Central Pharmacy/Patient Assistance Program*** – Agency clients who financially qualify may obtain psychiatric medications prescribed by agency physicians at no cost through Central Pharmacy or a variety of patient prescription assistance programs.
- ❖ ***Counseling and Therapy Services*** – Behavioral health counseling and therapy provides professional guidance through a variety of proven psychological methods and techniques. It allows individuals and/or families to discover their optimal level of personal happiness, interpersonal satisfaction and day to day functioning in the community. This service is offered through individual or group sessions, depending on client needs and the clinical area of focus.
- ❖ ***Community Psychiatric Support Services (CPST)*** – For clients with severe and persistent forms of mental illness, the agency provides CPST services, which are rehabilitative and intended to help clients manage their symptoms of mental illness while achieving the highest possible level of functioning. Case Managers providing CPST work with clients in the home, school, work or community settings to address daily living skills, access to resources such as housing and community agencies as well as offer symptom education, and tools for symptom management. The service may be provided individually or in groups.
- ❖ ***Forensic Programs*** – Alternative Paths has developed a wide array of forensic programs designed to meet the needs of individuals involved with the courts. Specialized mental health services, chemical dependency, and violence prevention programs are offered in the community as well as in the Medina County Jail and Medina County Juvenile Detention Center.

- ❖ **Community Education/Training** – The agency strongly advocates and supports efforts to educate individuals, groups and businesses in the community about mental illness, chemical dependency, suicide prevention, domestic violence, as well as other mental health issues and services.
- ❖ **Consultation** – Agency professionals are available to provide consultative services for organizations and businesses on program development, clinical training, and organizational management related to behavioral health issues and topics.

SOLUTIONS BEHAVIORAL HEALTHCARE, INC. - Located at 246 Northland Drive, Medina, Ohio, 44256, (330) 723-9600, Toll free 1-888-425-4258, www.solutionsbh.org –

Solutions is a full service, comprehensive, outpatient behavioral healthcare organization that provides services for children, adolescents, and adults of all ages. The professional staff at Solutions is comprised of psychologists, psychiatrists, nurse practitioners, social workers, counselors, chemical dependency counselors, specialized para-professionals, and prevention staff who are there to help those seeking assistance in dealing with individual or familial concerns related to mental health, psychiatric, relationship or alcohol and drug use problems.

Solutions Behavioral Healthcare represents a one stop solution to the behavioral health concerns of individuals, families and communities. By combining the unique characteristics of highly qualified, multidisciplinary staff, and being fully accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and certified by the Ohio Department of Mental Health (ODMH) and the Ohio Department of Alcohol and Drug Addiction Services (ODADAS), Solutions has the ability to provide individualized programs designed to meet the needs of individuals and families.

In addition to the ability to provide comprehensive, individualized, one stop services, Solutions offers services to Medina County residents on a sliding fee scale, according to a person's ability to pay. No one is denied services provided by Solutions because of inability to pay.

Treatment - Some of the outpatient services provided by Solutions include the following:

- ❖ Diagnostic Assessment
- ❖ Psychiatric Evaluation
- ❖ Group Counseling
- ❖ Intensive Outpatient Program
- ❖ Behavioral Health Counseling and Therapy – Individual, Group, Relationship, and Family
- ❖ Brief, Strategic Solution Focused Therapy
- ❖ Pharmacological Management
- ❖ Consultation

- ❖ Intervention
- ❖ **Family Intervention Response Team (FIRST)** – FIRST is an intensive, cutting edge program designed to work with families whose children and adolescents are seriously emotionally disturbed and are:
 1. At risk of out-of-home placement;
 2. Transitioning back home from an out-of-home placement;
 3. Requiring intensive services to stabilize in the community.

FIRST programming is designed for families to provide a wrap around level of treatment and support that will optimize the chances for maintaining a child in his/her home environment, or with the least restrictive environment possible. The program includes Intensive Homebased Treatment; Outpatient Counseling; Psychiatric Services; Community Psychiatric Supportive Treatment (Case Management); and Family Resource Specialists. The multi-disciplinary clinical staff works together as a team to provide intensive services customized to each family's and child's unique needs.

Community Services and Prevention Program - Solutions provides a wide range of community services and prevention programs designed to promote a more accurate understanding of mental health and alcohol and other drug related issues. These services include:

- ❖ Consultation with the Medina County Schools to develop and implement prevention and intervention services.
- ❖ Educational/informational presentations and trainings.
- ❖ Drug Free Workplace trainings.

Driver Intervention Program – Solutions provides a monthly 72-hour residential education/intervention program for court-referred adults convicted of DUI offenses. The program strives to:

- ❖ Motivate “social drinker” to adopt more responsible attitudes and choices about drinking and driving.
- ❖ Identify participants who appear to have developed patterns of alcohol and/or other drug use and refer them for further evaluation and treatment.
- ❖ Educate each participant about alcohol and other drug use and abuse.

Crisis Intervention – Solutions provides urgent services during regular business hours.

PAYMENT FOR SERVICES

The charge for services at the ADAMH Board's primary agencies is based on how much an individual or family can afford to pay, based on the family income. Payment arrangements are worked out at the agency when services begin. Using public funds, the Medina County ADAMH Board shares in the cost of services when clients, who are Medina County residents, are unable to afford full payment. Payment is also accepted from insurance,

Medicaid, Medicare and other sources. Individuals are offered the opportunity to enroll in the Board's benefit plan to ensure that all services offered locally are available to them. **No one is turned away because of the inability to pay.**

FISCAL YEAR 2013 ADAMH BOARD MEMBERS

Dennis Hanwell, Chairperson
Laura D. Nemeth, Vice Chairperson/Finance Chair
William Laux, Secretary/Treasurer
Tom Miller, Planning Chair
Kevin Berg
Nancy Hudson
Christopher Kalina
Melanie Kasten-Krause
Dennis S. Langdon
Susana Lewis
Tom Lockard
Kent W. Patterson
Stuart Root
Kelly Rose Stallard
Lori R. Solaro, MD

FISCAL YEAR 2013 STAFF

Michael T. Jenks, Executive Director
Amy Akermann, Finance Director
Dennis Dunn, IT Director
Barbara Moxey, Administrative Assistant
Lauren Reinbrecht, Associate Director
Barbara Singhaus, Fiscal Consultant

ADAMH BOARD SERVICE EXPENDITURES FOR FISCAL YEAR 2013

Alternative Paths, Inc.	\$ 2,176,805
Catholic Charities Services	\$ 179,680
Family First Council	\$ 76,750
Heartland Behavioral Healthcare	\$ 771,750
Medicaid & Other Provider Payments	\$ 712,914
Medina Metropolitan Housing Authority	\$ 230,671
Ranjan & Associates	\$ 365,426
Solutions Behavioral Healthcare, Inc.	
Mental Health Services	\$ 1,210,866
Alcohol & Drug Services	\$ 867,835
	\$ 2,078,701
Miscellaneous Consultants	\$ 4,553

ADAMH Board Operating Budget	\$ 511,602
Cathy's House	\$ 21,000

**ADAMH BOARD REVENUES FOR
FISCAL YEAR 2013**

Ohio Department of Mental Health	\$ 3,774,627
Ohio Dept. of Alcohol & Drug Addiction Services	\$ 782,688
Federal	\$ 1,894,365
Local/Other	\$ 365,873
HUD/Rental Income	\$ 418,332

For more information, please contact:

**Medina County ADAMH Board
246 Northland Drive
Medina, OH 44256
(330) 723-9642
office@adamhmedina.org**

Office Hours: 8:00 am - 4:30 pm Monday - Friday