

# Medina County Opiate Task Force

Subcommittee:

Prevention, Education, Advocacy, and Family Support

Minutes from September 14, 2018

1. Denver Jenkins, Case Western Reserve University, School of Dental Medicine
  - a. Dental school now requires pain management courses
  - b. In 2017 – 72,000 synthetic opioid deaths
  - c. Dental Procedures- 5<sup>th</sup> most frequently reason opioid prescribed
    - i. As little as 5 days of opioids can lead to addiction
    - ii. 13 to 30 years old -
      1. Wisdom teeth extractions (3.5 million annually)
      2. 80% filled opioid prescription
      3. 1.3% become future opioid addicts – this is three times higher than those never prescribed in opioid during teen years are.
    - iii. Teens are vulnerable
      1. More likely to take risks
      2. More susceptible to addiction
      3. Good judgement does not develop until mid-20s
  - d. 99% of world's supply of opiate prescriptions are consumed in the U.S.A.
  - e. Studies and research ibuprofen and acetaminophen is more effective in treating symptomology than opiates. These are non-steroidal, anti-inflammatory and proven to be most effective treatment.
  - f. Opiates do not take away pain just make person not care they are in pain.
  - g. If need prescription of opiate
    - i. Teens less than 3 days best absolutely no longer than 5 days
    - ii. Adults no longer than 7 days
  - h. Dentist have access to OARS
  - i. Difficult piece in prescribing practice insurance companies dictate what they will and will not cover. Often times will cover cost of opiate but not cost of ibuprofen with codeine.
2. Task Group Updates:
  - a. We did not have our regular meeting due to low attendance of subcommittee members.

Next Meeting: To be determined