

A Message from the ADAMH Board

Phillip Titterington, Executive Director of the Medina County Alcohol, Drug Addiction and Mental Health (ADAMH) Board realizes that this is an incredibly challenging and unprecedented time for our county, state and country. We are so thankful for the way our community has come together to meet the needs of our families, friends, and neighbors, and we encourage you to continue to support each other with kindness.

The ADAMH Board has been, and will continue to, work closely with our contracted behavioral health providers during this unprecedented COVID-19 pandemic. It is our utmost priority that mental health and substance abuse services, as well as recovery supports, remain available to the citizens of Medina County at all times, especially now. Mr. Titterington states that our partner agencies are open and accepting new referrals for services. They have implemented telehealth and/or telephonic services when possible in order to ensure the safety of individuals and service providers. They are ready to respond to the needs of Medina County citizens.

24/7 Crisis & Behavioral Health Helpline (330) 725-9195

CRISIS TEXT LINE |

Text "4HOPE" to 741741

Alternative Paths, Inc. (330) 725-9195

OhioGuidestone (440) 260-8300

Catholic Charities Community Services of Medina County (330) 723-9615

Hope Recovery Community (HRC) (330) 952-0109

Hope Recovery Community's (HRC) physical location is not currently open, however they are connecting over social media to continue their life-saving peer support and recovery support work. Their Facebook page is the best place to get the most recent updates for meetings and programming-<https://www.facebook.com/Hope-Recovery-Community-749814482027384>. They are switching local meetings to video or phone conferencing and are utilizing Facebook Live to stream meditations, yoga and sound therapy. Additionally, if persons in recovery would like to be contacted daily to stay connected to Hope Recovery Community, please sign up through Facebook Messenger, call HRC at (330) 952-0109, or send an email to srobinson@hoperecoverycommunity.org.

Mr. Titterington encouraged citizens to use the following resources to find out the most accurate and up-to-date information about COVID-19:

For **local** resources regarding the COVID-10 pandemic, please refer to the Medina County Health Department at www.medinahealth.org/community/current-outbreaks/.

For **statewide** information, please see www.coronavirus.ohio.gov.

For **mental health and wellness** resources, which includes resources for parents and families, as well as ways to manage anxiety and stress, please visit www.mha.ohio.gov.

For **national** information, please visit www.cdc.gov.